

# PLANNING 2018-2019



7/7  
OPEN



DU LUNDI AU DIMANCHE  
ACCÈS LIBRE PAR BADGE  
DE 6H À 22H

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI
9h30-10h30 CARDIO BOXE	9h30-10h30 BODY SCULPT	9h30-10h00 CAF	9h30-10h30 STEP	9h30-10h00 CAF	
		10h-10h45 STRETCHING		10h-11h T B C	10h-11h BAILA
12h-14h Association Sport Evasion	12h30-13h30 Association Sport Evasion		12h30-13h30 Association Sport Evasion	12h30-13h30 Association Sport Evasion	
17h-17h45 SWISSBALL Type Pilates	17h-17h45 STRETCHING	17h-17h45 SWISS BALL	17h-17h45 STRETCHING		
18h-19h T B C	17h45-18h30 BODY SCULPT		18h-19h BODY SCULPT		
19h30-21h LINE DANCE Niveau 3	19h30-20h30 Association Sport Evasion	19h-20h Association Sport Evasion	19h30-20h30 Association Sport Evasion	19h-21h LINE DANCE Niveau 1 et 2	19h-20h30 Association Sport Evasion